



## H1N1 WE'RE PREPARED, ARE YOU?

**PR Maintenance; committed partners to support efficient pandemic strategies.**

TRAINING SESSIONS AVAILABLE ON REQUEST

Training is performed directly at the location of your choice and includes the following topics. The average session is 45 minutes broken down as follows.

15 minutes

1. What is a pandemic? (examples)
2. Transmission methods
3. Virus contagion on varying surfaces
4. What are the factors that foster environmental contamination?
5. What is the right way to wash your hands?

30 minutes

6. Sanitizing your workspace and environment
7. Virus life-cycles 24/48
8. Cleaning and sanitizing – products and methodology
9. Questions?

This **45 minutes** training session was designed with one goal in mind: **“to make sure your personnel feels safe and remains healthy”**.

It also gives them the opportunity reassures your clientele about your **commitment to a better working and social environment**.

Call us today for more information or to request a training session.

**Quebec | Atlantic**  
**T 1.877.504.5999**

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**T 1.800.719.2828**

[prmaintenance.com](http://prmaintenance.com)